

David Powell Food Pantry General Shopping List

Frozen Meats:

- whole chickens
- chicken parts
- pork (loin roasts, chops)
- ground beef
- lunch meat
- USDA fully cooked ham

Canned Vegetables / Sauces:

- baked beans
- black beans
- black-eye peas
- corn - cream style
- corn - whole kernel
- green beans
- greens - collard
- greens - mixed
- greens - mustard
- kidney beans
- mixed vegetables
- pinto beans
- pork & beans
- refried beans
- sliced carrots
- sliced potatoes
- spinach
- sweet peas
- sweet potatoes / yams
- tomatoes - diced
-
- pasta sauce
- spaghetti sauce
- tomato sauce

Canned Fruit:

- peaches
- pears
- mixed fruit / fruit cocktail
- applesauce
- pineapple
- mandarin oranges

Canned Meat:

- chicken
- tuna

Beverages:

- 6.75 oz juice - grape
- 6.75 oz juice - orange
- 6.75 oz juice - punch
- 6.75 oz juice - apple
- 6.75 oz juice - kiwi
- 1/2 gallon apple juice
- 1/2 gallon grape juice
- 1/2 gallon orange juice
- 8 oz milk
- 32 oz milk

Breakfast Foods

- bran flakes, corn flakes
- Frosted Flakes, Rice Krispies, Fruit Loops, assorted boxed
- jelly - grape
- jelly - strawberry
- oatmeal
- pancake mix
- pancake syrup

Soups

- soup - vegetable
- soup - tomato
- soup - chicken noodle
- soup - chicken & rice
- soup - cream of mushroom

Boxed Dinners

- alfredo
- beef pasta
- cheeseburger
- cheesy tuna
- lasagna
- mac & cheese
- stroganoff

Misc Boxed Goods:

- instant potatoes
- brownie mix
- cupcake mixes
- muffin mixes

Misc Dry Goods / Staples:

- corn meal
- flour
- pasta (*as available*)
- peanut butter
- pinto beans - dry
- rice - brown
- rice - white
- spaghetti noodles
- sugar

Condiments / Oil / Seasonings:

- salad dressings
- mayonnaise/Miracle Whip
- cooking oil

Personal Care:

- toilet paper
- tooth brush
- toothpaste
- lotion
- shampoo
- bar soap
- baby diapers
- adult incontinence items
- bed pads

As Available:

- chips
- cookies / crackers
- beans and franks
- beef ravioli
- chili
- spaghetti & meatballs
- Vienna sausage

Where does the food come from?

Fresh produce is picked up as available from the East Texas Food Bank and also donated by the Lindale Walmart. Bakery items are donated by the Lindale Walmart, and Bodacious Bar-B-Q on Hwy 14 @ I-20 donates buns and some sliced bread. Most of the items listed here are ones we keep in stock on a regular basis as they are usually available for purchase through the East Texas Food Bank and The Kings Storehouse. Some of these items most people would consider necessities, therefore if we don't have it in stock, some go without.

WISH LISTS

Among the items on our most wanted "wish list" are:

- rolls of toilet paper
- canned meats and/or meals like chili, ravioli, and spaghetti & meatballs

Add a little spice!

The least common items we find available to purchase through the ETFB and The Kings Storehouse and that we receive the least amount as donation are seasonings, even basic ones like salt and pepper.

- If you are considering making a donation to the food pantry, please consider adding a little extra "spice" to the lives of those in need.

Welcome additions:

In addition to everything listed here we also occasionally receive donations of the following items, which are always welcome additions to our inventory:

- coffee
- chips
- snacks
- granola bars



Everything in the store is free to our clients.

The food is purchased with the funds generated by sales from the We Care Thrift Store, individual donors, and the support of the following churches: Bethesda Church, Carmel Baptist, Community Christian Fellowship, First Baptist, First United Methodist, Grace Community, Hideaway Lake Community, Holy Family Catholic, Mt. Sylvan Baptist, St. Luke's Episcopal and Walnut Springs Missionary Baptist.

SOCIETY OF ST. STEPHEN MINISTRIES



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SERVING THE LINDALE SCHOOL DISTRICT 903-881-8409



WELCOME! In an effort to make your shopping experience easier, we've created a general shopping list of the items we carry at the Food Pantry. Please note that while we try to stay fully stocked, the list is subject to change.

Friends of the Food Pantry, please consider the items on this list if you are looking for donation suggestions. Thank you!